



Introduction to Type— MBTI®

(Myers-Briggs Type Indicator)

How You Will Benefit

- Gain powerful insights into your most important asset—you!
- Understand how others experience the world and leverage this knowledge in your relationships.
- Discover the contributions different types make to an organization.

Learning Methods

- MBTI® certified instructor will introduce concepts and facilitate group discussion.
- Individual and group activities give participants insightful glimpses into personality dimensions and types.
- Self reflection in combination with MBTI® results and in-workshop coaching are used to help participants verify their type.
- Workshop printed materials support in workshop learning and continued post workshop type development.

Who Should Attend

- Individuals wanting to gain a better understanding of themselves and others.
- Teams wanting to gain insight into their collective strengths and potential blind spots.

Workshop Description



Using the four personality dimensions developed by Katherine Briggs and her daughter, Isabelle Briggs-Myers, this basic workshop is an introduction to the study of personality. Participants will learn more about themselves and how to put that knowledge to work with others.

Prior to the workshop, participants will complete the MBTI® survey on-line. During the workshop, participants learn about the four personality dimensions and how they manifest themselves in every person. Using what they learn in class, in addition to what they know to be true about themselves, and the results of their MBTI® survey, participants will verify their own Myers-Briggs Type.

Participants will receive a copy of their MBTI® report and valuable resources to support continued understanding and development of their type.

The MBTI logo is a trademark or registered trademark of the Myers-Briggs Type Indicator Trust in the United States and other countries.

Venue Description

Arthur Maxwell public workshops are held in our Experience Center located in Golden Valley, MN. To learn more about the Experience Center visit www.arthur-maxwell.com/experiencecenter

The benefits of MBTI® can be brought to your organization! We can customize a workshop and/or coaching to fit the needs of your team or organization.

Workshop Registration Details

2 Days / 1.6 CEUs

\$1,100

Includes light breakfast, lunch, snacks at breaks, and beverages

- Register online at www.arthur-maxwell.com
- Register by phone: 763.432.0629

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