



# Leveraging Type— MBTI®

(Myers-Briggs Type Indicator)

## How You Will Benefit

- Gain powerful insights into your most important asset—you!
- Leverage your knowledge of type to improve your personal and work relationships.
- Discover the impact type can have on communication, change, and leadership.

## Learning Methods

- MBTI® certified instructor will introduce concepts and facilitate group discussion.
- Individual and group activities bring participants further into type dynamics.
- Self reflection in combination with MBTI® results and in-workshop coaching are used to help participants more deeply understand and leverage type.

## Who Should Attend

- Individuals wanting to gain a better understanding of themselves and others.
- Individuals wanting to become more effective in personal and work relationships.
- Teams wanting to improve their performance.

## Workshop Description



This highly interactive 2-day workshop demonstrates how the four personality dimensions (developed by Katherine Briggs and Isabelle Briggs-Myers) manifest themselves in every person and how participants can use type to be more effective in their work and personal lives.

Interactive exercises allow participants to experience type in action and how to leverage type in situations calling for persuasion, decision making, change, leadership and conflict. Participants will leave with strategies to become more effective in their communications and improve relationships in their work and personal lives.

Prior to the workshop participants take the MBTI® Step II™ survey online. This workshop uses the more extensive MBTI® Step II™ Interpretive Report which gives participants a deeper view into their four letter type. In addition to their MBTI® Step II™ Interpretive Report participants will receive valuable resources to support continued understanding and development of their type. handling and communications

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## Venue Description

Arthur Maxwell public workshops are held in our Experience Center located in Golden Valley, MN. To learn more about the Experience Center visit [www.arthur-maxwell.com/experiencecenter](http://www.arthur-maxwell.com/experiencecenter)

The benefits of MBTI® can be brought to your organization! We can customize a workshop and/or coaching to fit the needs of your team or organization.

## Workshop Registration Details

2 Days / 1.6 CEUs

\$1,100

Includes light breakfast, lunch, snacks at breaks, and beverages.

- Register online at [www.arthur-maxwell.com/workshop/leveraging-type.php](http://www.arthur-maxwell.com/workshop/leveraging-type.php)
- Register by phone: 763.432.0629.

### For more information contact:

Danielle Peterson, Training & Services Manager

763.432.0629

[daniellepeterson@arthur-maxwell.com](mailto:daniellepeterson@arthur-maxwell.com)



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